



2008 JULY CALENDAR

WACHUSETT MOUNTAIN

Park Interpreter: Jennifer

Park Phone Number: (978) 464-2987

All programs are free and open to the public. For more information please call the park.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Women's Fitness Hike 6:00-7:30 pm	4 Longsjo	5 Going Green 10:00-11:30 Summit Sensations 1:00-3:00pm
6 Women's Fitness 9:00-10:30 Once Upon Wachusett 1:00-3:00 pm	7	8	9 Jr. Ranger (6-8) 1:00-4:00 pm	10 Jr. Ranger (6-8) 1:00-4:00 pm Women's Fitness Hike 6:00-7:30 pm	11 Jr. Ranger (6-8) 1:00-4:00 pm Kidleidoscope Kids 10:00-11:00am	12 Trail workday Going Green 10:00-11:30 Summit Sensations 1:00-3:00pm
13 Women's Fitness 9:00-10:30 Once Upon Wachusett 1:00-3:00 pm	14	15	16 Jr. Ranger (9-12) 1:00-4:00 pm	17 Jr. Ranger (9-12) 1:00-4:00 pm Women's Fitness Hike 6:00-7:30 pm	18 Jr. Ranger (9-12) 1:00-4:00 pm Kidleidoscope Kids 10:00-11:00am	19 Going Green 10:00-11:30 Summit Sensations 1:00-3:00pm
20 Women's Fitness 9:00-10:30 Once Upon Wachusett 1:00-3:00 pm	21	22	23 Jr. Ranger (6-8) 1:00-4:00 pm	24 Jr. Ranger (6-8) 1:00-4:00 pm Women's Fitness Hike 6:00-7:30 pm	25 Jr. Ranger (6-8) 1:00-4:00 pm Kidleidoscope Kids 10:00-11:00am	26 Going Green 10:00-11:30 Summit Sensations 1:00-3:00pm



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27 Women's Fitness 9:00-10:30 Once Upon Wachusett 1:00-3:00 pm	28	29	30 Jr. Ranger (9-12) 1:00-4:00 pm	31 Jr. Ranger (9-12) 1:00-4:00 pm Women's Fitness Hike 6:00-7:30	Jr. Ranger (9-12) 1:00-4:00 pm Kidleidoscope Kids 10:00-11:00am	Going Green 10:00-11:30 Summit Sensations 1:00-3:00pm
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PROGRAM DESCRIPTIONS

Kidleidoscope Kids	A kid-friendly, hands-on environmental experience for very young children presented in a fun, age-appropriate manner. Each topic includes a story and inter-active games and activities to help you and your child understand the world around us. Friday mornings from 10:00-11:00am. Programming recommended for Ages 3-6 with a parent or guardian; call ahead for the 'Topic of the Week' or stop in the Visitor Center to pick up a seasonal schedule; meet at the Visitor Center.
Women's Fitness Hiking	A long-time favorite, this program is designed to bring women together to hike at Wachusett Mountain, to get in shape, make friends, and discover more about the mountain and its trails, while instilling confidence, competence, and independence. Thursday evenings 6:00-7:30 pm and Sunday mornings 9:00-10:30 am; wear hiking boots or sturdy sneakers and bring water, insect repellent recommended; meet at the Visitor Center.
Summit Sensations	A brief, informal tour of the summit area highlighting the natural and cultural history and past land use including early ownership and Native American history. Available Saturday afternoons 1:00-3:00 pm at the summit.
Going Green	Discover what you and your family can do to become more earth-friendly and reduce your 'human footprint' in this age of environmental awareness and energy conservation. Call ahead for the 'Topic of the Week' or stop into the Visitor Center to pick up a monthly schedule; Saturday mornings 10:00-11:30; at the Visitors Center



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Once Upon Wachusett	A series of guided hikes exploring many of the natural and culturally significant areas found here on the mountain focusing on their role in history. Call ahead to find out where we will be going each week or pick up a schedule in the Visitor Center. Sunday afternoons 1:00-3:00pm; meet the interpreter at the Visitor Center.
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